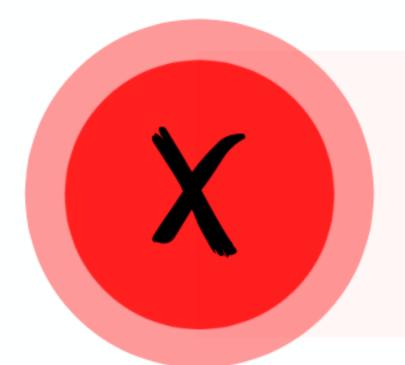
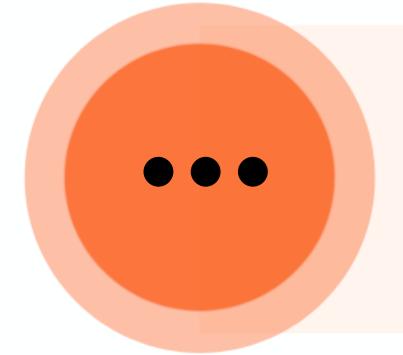
# effective



#### Mind maps are not:

A strategy to write down everything you know about a topic in depth.



#### Mind maps are:

A way to show links between pieces of information, branching out from the central topic in the middle.



## Mind maps should:

#### Try to create mind maps without your notes

Mind maps can be a great way to figure out what you can't remember. Try to create a mind map on a topic from your memory alone. If some branches are more empty than others, you will know where to focus your revision efforts.

#### **Revisit your mind maps**

Remember not to file your mind map away without actively revisiting it. You could try to recreate the mind map a few days later to see if you can still recall the information on it, or you could create flashcards that go into detail on each of the keywords in your mind map.

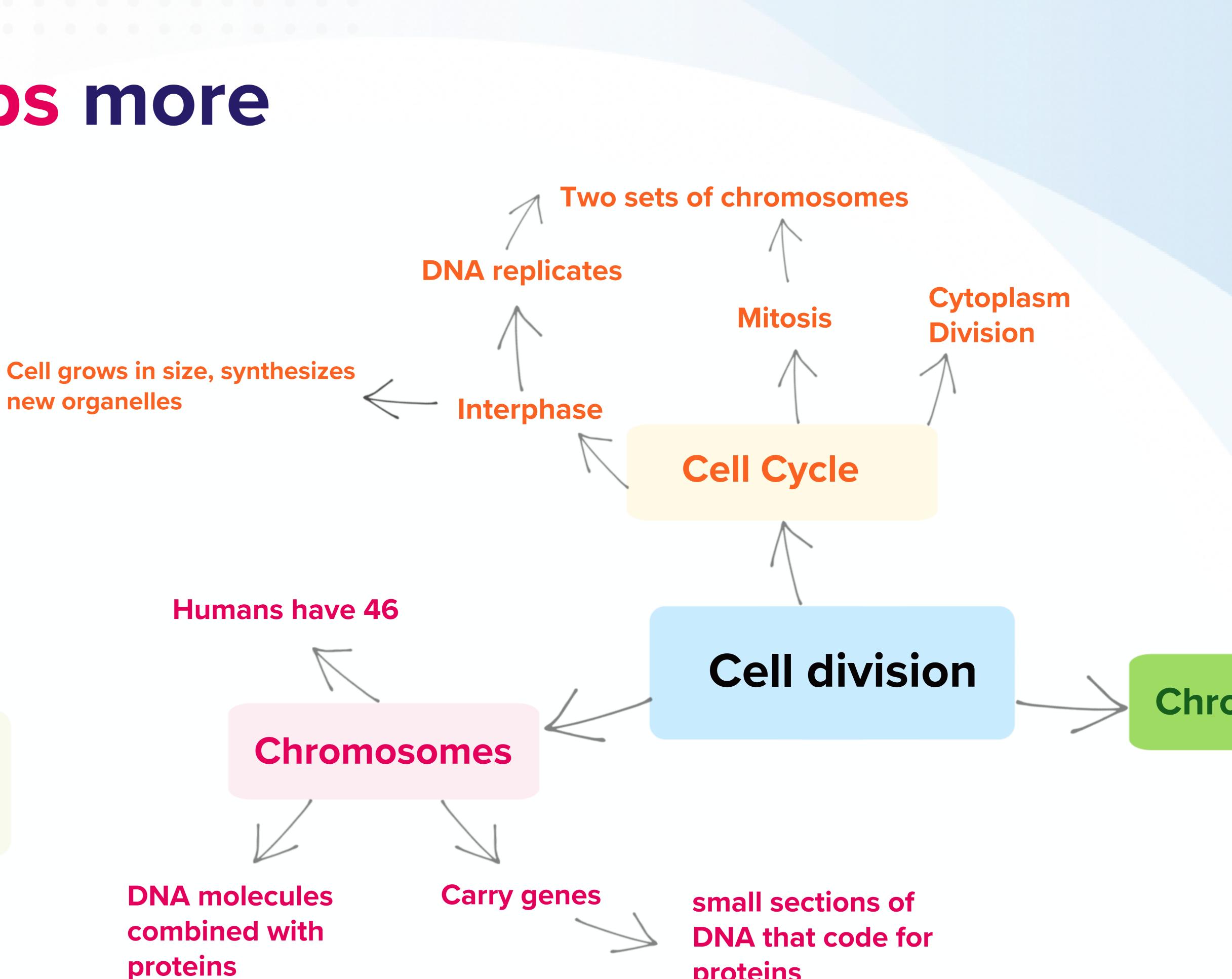


### How to make your mind maps more

**Contain key words and no more than 6-8 sections** branching out directly from the central topic.

The more you can condense the information on your mind map, the better! Mind maps can be a great resource to help you quickly make associations between key words, creating a clear overview of a topic. Do not use them to create an in-depth review of topics.

Images and icons can be useful to include, but only if they include relevant information and you will be able to remember the meaning of them later on. Do not spend a long time drawing unnecessary images just to add to the appearance of the mind map.



#### Include key words

#### Using images in your mind maps

proteins